

TERMS AND CONDITIONS

KristineP, LLC d/b/a YOU-Quest Wellness

Effective Date: August 17, 2026 | Last Updated: August 17, 2026

PLEASE READ THESE TERMS CAREFULLY. THEY AFFECT YOUR LEGAL RIGHTS AND RESPONSIBILITIES. THESE TERMS APPLY TO THE YOU-QUEST WELLNESS WEBSITE AND RELATED SERVICES UNLESS A SEPARATE WRITTEN AGREEMENT STATES OTHERWISE.

1. Acceptance of These Terms

These Terms and Conditions ("Terms") govern your access to and use of <https://youquest.live> and any related webpages, online communities, digital resources, programs, courses, coaching services, products, and other services offered by KristineP, LLC, doing business as YOU-Quest Wellness ("YOU-Quest Wellness," "we," "us," or "our"), unless a separate written agreement expressly states otherwise. By accessing the Website, creating an account, enrolling in a program, purchasing a product or service, or otherwise using our services, you agree to these Terms. If you do not agree, do not use the Website or Services.

2. Eligibility; Adults Only

The Website and Services are intended for adults age 18 and older. We do not knowingly offer our Services to children or minors under age 18. By using the Website or purchasing from us, you represent that you are at least 18 years old and legally able to enter into a binding agreement.

3. Educational and Coaching Purpose

YOU-Quest Wellness provides coaching, education, self-help information, tools, resources, and related wellness content. Coaching is a collaborative, educational process intended to support personal awareness, decision-making, habits, goals, self-trust, relationships, stress management, and other areas of personal development. Coaching is not a substitute for licensed medical, mental-health, legal, financial, or other professional services.

4. Medical, Nursing, Mental-Health, and Nutrition Disclaimer

Information provided through the Website and Services is for educational and informational purposes only and is not medical advice, nursing care, diagnosis, treatment, psychotherapy, counseling, dietetic treatment, or individualized nutrition therapy. Although Kristine Marie is a Registered Nurse and holds coaching credentials, she is not acting as your nurse, physician, therapist, psychologist, licensed dietitian-nutritionist, or other licensed healthcare provider when providing YOU-Quest Wellness coaching unless a separate written agreement expressly says otherwise. No provider-patient relationship is created by your use of the Website or Services. Always consult an appropriately licensed professional regarding medical symptoms, diagnoses, medications, treatment plans, mental-health concerns, nutrition needs, or other health decisions. Do not start, stop, or change prescribed treatment or medication based solely on information from YOU-Quest Wellness.

5. Personal Responsibility and Voluntary Participation

You understand that participation is voluntary and that you remain responsible for your own choices, actions, decisions, safety, health, relationships, finances, and results. You agree to use your own judgment and due diligence before applying information obtained through the Website or Services. You are responsible for determining whether an activity, exercise, recommendation, or program is appropriate for you and for seeking professional guidance when needed.

6. No Guarantees; Results Vary

We may share examples, educational illustrations, client experiences, testimonials, or potential outcomes. These are not promises or guarantees. Results vary based on individual circumstances, effort, participation, health, background, timing, implementation, and many other factors. YOU-Quest Wellness does not guarantee any particular personal, relationship, health, career, business, financial, weight, wellness, or other outcome.

7. Purchases, Payment Plans, and Billing

Prices and payment terms are presented at checkout, on an order page, invoice, enrollment page, or in a separate client agreement. Payments may be processed through third-party payment providers such as Stripe, PayPal, Venmo, or credit/debit card processors. By providing a payment method, you represent that you are authorized to use it and authorize the applicable charges. If you select a payment plan or recurring billing arrangement, you authorize charges according to the schedule disclosed when you enroll until the agreed payment obligation is satisfied or the recurring service is properly canceled under the applicable offer terms. You are responsible for keeping billing information current. We do not control third-party payment processors and their separate terms and privacy practices may apply.

8. Cancellations, Refunds, and Program-Specific Terms

Cancellation, rescheduling, refund, expiration, and access rules may differ by program, service, event, digital product, or membership. The specific terms shown at the time of purchase or contained in a signed coaching or client agreement are incorporated into these Terms and control if they conflict with this general section. Except where a specific offer states otherwise or applicable law requires otherwise, purchases are not refundable after services or digital access have been substantially delivered. Canceling a recurring service stops future renewals as provided in the applicable offer terms but does not automatically erase amounts already due under an agreed payment plan for a fixed-term program.

9. Chargebacks and Payment Disputes

If you believe a charge is incorrect, please contact us promptly at kristinemarie@youquest.live so we can review it. Nothing in these Terms limits rights you may have under applicable payment-card or consumer-protection law. You agree not to knowingly initiate a fraudulent or bad-faith payment dispute for a valid charge that you authorized and received.

10. Intellectual Property

Unless otherwise stated, the Website and Services - including text, graphics, logos, program names, frameworks, worksheets, guides, videos, audio, downloads, course materials, presentations, designs, and other original content - are owned by or licensed to KristineP, LLC and are protected by applicable intellectual-property laws. "YOU-Quest Wellness" and other brand, program, and product names may function as trademarks or service marks whether or not formally registered.

11. Limited Personal-Use License

When you lawfully purchase or receive materials from us, you receive a limited, revocable, non-exclusive, non-transferable license to use those materials for your own personal, non-commercial use unless we expressly authorize another use in writing. You may not copy, reproduce, republish, sell, sublicense, distribute, upload, teach from, create derivative commercial products from, share login credentials for, or otherwise exploit our materials without prior written permission. You may not remove copyright, trademark, or proprietary notices.

12. Community Standards and Prohibited Use

You may not use the Website, Services, communities, or communication channels for unlawful, abusive, harassing, threatening, defamatory, deceptive, infringing, invasive, discriminatory, obscene, malicious, or disruptive conduct. You may not introduce malware, attempt unauthorized access, scrape or harvest data in violation of law or our rights, impersonate another person, interfere with Website operation, spam participants, or use our Services to violate another person's privacy or intellectual-property rights. We may remove content,

restrict access, or remove a participant from a community or Service when reasonably necessary to protect participants, the business, or the integrity of the Service, subject to any applicable client agreement and law.

13. User Content

If you voluntarily submit comments, questions, posts, photos, or other content in an interactive area, you retain ownership of your content but grant us a limited license to host, display, reproduce, and technically process it as reasonably necessary to operate that feature. Do not submit confidential information you do not want other participants to see in community spaces. You represent that you have the rights needed to submit your content and that it does not violate law or another person's rights.

14. Testimonials, Reviews, and Marketing Permission

Reviews and testimonials must reflect the honest experience and opinion of the person providing them. We do not require a positive review as a condition of compensation, a benefit, or participation. If you separately give us permission to use a testimonial, name, image, audio, or video for marketing, we may use it within the scope of that permission. We may make minor edits for length, grammar, formatting, or clarity, but we will not knowingly alter a testimonial in a way that materially changes or misrepresents the person's experience or opinion. Any material connection, incentive, or relationship that requires disclosure should be disclosed clearly and conspicuously. You remain free to express an honest opinion about your experience, subject to applicable law.

15. Affiliate Links and Third-Party Recommendations

From time to time, we may link to or recommend third-party products, services, websites, or resources. Some links may be affiliate links or involve another material relationship, in which case we may receive compensation or another benefit. Where required, we will provide an appropriate disclosure. A link or recommendation does not guarantee a third party's quality, safety, accuracy, availability, or suitability. You are responsible for evaluating third-party offerings and their terms and privacy practices.

16. Third-Party Websites and Services

The Website may contain links to third-party websites, platforms, social networks, scheduling tools, payment services, email services, or other technology. We do not control those third parties and are not responsible for their content, availability, security, terms, privacy practices, or actions. Your use of third-party services is governed by the terms you have with those providers.

17. Privacy

Our collection and use of personal information is described in our Privacy Policy. By using the Website or Services, you acknowledge that online communications and third-party platforms carry inherent privacy and security risks. Please review the Privacy Policy available on our Website for additional information.

18. Electronic Communications

By contacting us electronically, enrolling online, or using the Website, you consent to receive transactional communications electronically, including receipts, notices, program communications, and documents related to your purchase or use of the Services. Marketing communications will be handled in accordance with applicable law and the choices provided to you, including available unsubscribe options.

19. Website Availability; Errors and Updates

We aim to provide useful and accurate information, but we do not guarantee that the Website or Services will always be uninterrupted, secure, error-free, complete, current, or free from harmful components. Information may contain errors or become outdated. We may correct errors, update content, change features, suspend portions of the Website, or modify Services when reasonably necessary.

20. Disclaimer of Warranties

TO THE FULLEST EXTENT PERMITTED BY LAW, THE WEBSITE, CONTENT, DIGITAL MATERIALS, AND SERVICES ARE PROVIDED "AS IS" AND "AS AVAILABLE." WE DISCLAIM WARRANTIES OF ANY KIND, EXPRESS OR IMPLIED, INCLUDING IMPLIED WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, TITLE, AND NON-INFRINGEMENT, EXCEPT TO THE EXTENT A WARRANTY CANNOT LEGALLY BE DISCLAIMED.

21. Limitation of Liability

TO THE FULLEST EXTENT PERMITTED BY LAW, KRISTINEP, LLC, YOU-QUEST WELLNESS, AND THEIR OWNERS, EMPLOYEES, CONTRACTORS, AGENTS, AND AFFILIATES WILL NOT BE LIABLE FOR INDIRECT, INCIDENTAL, SPECIAL, EXEMPLARY, PUNITIVE, OR CONSEQUENTIAL DAMAGES ARISING FROM OR RELATED TO YOUR USE OF THE WEBSITE OR SERVICES. TO THE EXTENT PERMITTED BY LAW, OUR TOTAL LIABILITY FOR A CLAIM RELATING TO A PURCHASED SERVICE WILL NOT EXCEED THE AMOUNT YOU PAID TO US FOR THE SPECIFIC PRODUCT OR SERVICE GIVING RISE TO THE CLAIM DURING THE SIX MONTHS BEFORE THE EVENT GIVING RISE TO THE CLAIM. THESE LIMITATIONS DO NOT APPLY WHERE PROHIBITED BY LAW.

22. Indemnification

To the extent permitted by law, you agree to indemnify and hold harmless KristineP, LLC, YOU-Quest Wellness, and their owners, employees, contractors, and agents from third-party claims, liabilities, damages, and reasonable costs arising from your unlawful use of the Website or Services, your violation of these Terms, or your infringement of another person's rights. This section does not require you to indemnify us for liability that cannot legally be shifted to you.

23. Force Majeure

We are not responsible for delay or failure to perform caused by events reasonably beyond our control, including severe weather, natural disaster, widespread internet or utility failure, platform outage, labor disruption, governmental action, public-health emergency, or other similar event. When practical, we will make reasonable efforts to resume affected Services or provide an appropriate alternative.

24. Governing Law and Informal Dispute Resolution

These Terms are governed by the laws of the State of Wisconsin, without regard to conflict-of-law principles, except where federal law or another mandatory law applies. Before filing a legal claim, you and KristineP, LLC agree to make a good-faith effort to resolve the dispute informally by written notice describing the issue and requested resolution. If the dispute is not resolved within 30 days after receipt of the notice, either party may pursue available legal remedies in a court with lawful jurisdiction in Wisconsin, unless applicable law requires a different forum. Nothing in this section prevents either party from seeking appropriate emergency or injunctive relief.

25. Changes to These Terms

We may update these Terms from time to time to reflect changes in our Services, business practices, technology, or legal requirements. The "Last Updated" date will indicate when changes were made. Changes become effective when posted unless a later date is stated. For material changes affecting an ongoing paid service, we will provide notice when required by applicable law or the applicable client agreement. Your continued use after an effective update constitutes acceptance of the revised Terms to the extent permitted by law.

26. Severability; Waiver; Assignment

If a provision of these Terms is found invalid or unenforceable, the remaining provisions will remain in effect to the fullest extent permitted by law. Our failure to enforce a provision is not a waiver of that provision. You may not assign your rights or obligations under these Terms without our written consent. We may assign these Terms

in connection with a merger, sale, reorganization, or transfer of the business or relevant assets, subject to applicable law.

27. Entire Agreement; Order of Priority

These Terms, our Privacy Policy, any checkout terms, and any separate written client or coaching agreement applicable to your purchase constitute the agreement governing your use of the Website and Services. If there is a conflict, a signed client agreement or specific written purchase terms control for that particular Service, followed by these Terms, unless applicable law requires otherwise.

28. Contact Information

Questions, complaints, or notices regarding these Terms may be sent to:

KristineP, LLC d/b/a YOU-Quest Wellness
N10293 County Road D
Tomahawk, WI 54487
Email: kristinemarie@youquest.live
Website: <https://youquest.live>

Legal note: This document is designed as a current, practical website Terms and Conditions template for YOU-Quest Wellness. It is not legal advice and should be reviewed by a Wisconsin-licensed attorney for your specific offers, payment plans, coaching agreements, and business practices, especially before relying on liability limitations or dispute provisions.